



BABYSITTER INSTRUCTION

WHERE TO FIND US

Where we'll be:	
Address:	
Phone:	
Mobile phone 1:	
Mobile phone 2:	

INSTRUCTIONS

Meals and snacks:	
Nappies:	
Activities:	
Bedtime schedule:	
Allergies:	
Medications:	
Hiding places:	
Favorite toys or games:	

MEDICAL EMERGENCY INFORMATION

Ambulance/Police/Fire	Phone: 999 or 112
Emergency Out of Hours doctor (name):	Phone:
Neighbor, friend or other relative (name and address):	Phone:
Regular doctor (name and address):	Phone:

We give you permission to authorize emergency medical care for our child(ren) as deemed necessary by a physician, and we will be responsible for full payment of such care.

YES NO CALL US FIRST

Signature

HOME EMERGENCY INFORMATION

Here's information you'll need in case there is an accident or you notice a break-in, fire, gas odor, flood, or electrical problem:

Police/Ambulance/Fire department:	999 or 112
Our name and address:	
Gas company:	
Location of gas shut-off valve:	
Water company:	
Location of water shut-off valve:	
Electric company:	
Location of electrical fuse box:	
